



# Te Kupenga Whakaoti Mahi Patunga

## National Network of Stopping Violence

### Resources for sale from NNSVS.

Title	Includes	Price
<i>'She'll Be Sweet'</i>	DVD & workbook	\$29.95
<i>Choice to Change</i>	Video & workbook	\$29.95
<i>Choice to Change</i>	DVD & workbook	\$29.95
<i>Brighter Day</i>	DVD/CD	\$29.95
<i>Out of Control</i>	Book	\$12.00

**'She'll Be Sweet'** is an 18 minute drama involving four men who use a range of abusive behaviours to exercise control and power over their partners and children. The men behave in a way that is not openly physical, but is still family violence.

Not keeping their promises, threatening their partners, constantly putting them down, placing mates before family, controlling money are some of the behaviours shown.

The scenes show family violence in everyday situations, and partners of various ages and from diverse socio-economic groups.

The DVD is accompanied by a workbook for counsellors and programme facilitators to use when leading group discussions.

**Choice to Change** shows six examples of men behaving destructively or abusively within their families and relationships. It matches these examples with alternative, more positive scenes. In these alternatives, the same men make a **choice to change** their thinking and resolve their issues by interacting openly, honestly and constructively with their partners and children.

The video/DVD also shows the important role friends can play in escalating the problem on the one hand, and giving guidance and support on the other.

The video/DVD is accompanied by a facilitator's workbook. Duration: 20 mins.

**Out of Control (by Colin Iles)** "Yes! They can change" and this book is evidence, from men who have attended stopping violence programmes. The stories are moving and compelling accounts of change. They background the men's abusive behaviours and describe the challenge to acknowledge abuse and take steps to change. The men are among the many success stories from stopping violence programmes. The men's partners also recount- with courage and love- their own painful stories of the move from victim to survivor. This book is for - men who are beginning to acknowledge their abuse and are wondering what the next step might be. Women in abusive relationships who are looking for support, choices - and hope and anyone concerned about violence and power in relationships.

**Brighter Day** is a multi-media resource to support women who are still on their journey of well-being, to introduce coping strategies for life's struggles, to promote non-violent childcare and to challenge men about the impact of their violence on their Whanau.